Complementarity of structural biology methods: ribosome in the spotlight

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The translational apparatus ribosome is in the lime-light these days with the announcement of the 2009 Nobel Prize in Chemistry. The three winners have unveiled ribosome structures using X-ray crystallography. Ribosome 3D structures have also been studied by another emerging structural biology method named cryo-electron microscopy (cryo-EM). In the study of the structure and function of macromolecules, the ‘hybrid’ strategy of combining available structural data derived from various sources has been proven quite successful. This review highlights how the hybrid approach in ribosome structure analysis paves the way for a more detailed molecular understanding of the structural basis of translation.

Keywords: Crystalllography, cryo-EM, hybrid-approach, ribosome, 3D-structure.

As a highly complex dynamic molecular machine, ribosome undergoes many conformational changes during the translation process due to dynamic interactions with functional ligands participating in translation. These include messenger RNA (mRNA), transfer RNA (tRNA) and many translational protein factors. Prior to the visualization of high-resolution crystal structure, the first appreciation of the structural complexity of ribosome came from another structural biology tool cryo-electron microscopy (cryo-EM) which revealed an intricate topology of the ribosome.

Cryo-EM offers unique opportunities because of the capability of this technique, when combined with 3D reconstruction, to directly visualize ribosomal complexes in defined functional states. The data collection of the ribosomal complexes preserved as a cryo-EM sample in the transmission electron microscope provides tens of thousands of projections showing the ribosome in random orientations. A 3D density map of the ribosomal complex can be generated using the single-particle reconstruction method. This method has made a number of significant contributions to our understanding of the translation process.

The analysis of the cryo-EM medium resolution maps on the molecular level is facilitated by the advent of high-resolution X-ray structures of ribosome, as well as by the steady improvement and progressive automation of algorithms for fitting and docking. Clearly, far from becoming obsolete, the emergence of atomic structures by X-ray crystallography brings out the full potential of cryo-EM, and a hybrid approach, where cryo-EM and X-ray crystallography are combined together, has been proved to be useful to understand the functioning of the translational machinery.

Current status of ribosome structure determination

Ribosome crystallography

The ribosome is the largest asymmetric biological molecule, and the most complex component of a cell successfully studied via X-ray crystallography. In order to achieve the 3D structure, researchers grew crystals of ribosomes where the molecules are arranged in a regularly repeated pattern. Briefly, an intense X-ray beam...
from the light source penetrates the crystal, resulting in tens of thousands of diffraction spots on a computerized imaging detector. Radiation damage can be reduced dramatically by freezing the crystals at liquid nitrogen temperature prior to data collection. Researchers measure the position and intensity of each spot, and then mathematically calculate the electron density of the sample. From these data, they are able to build a molecular model of the ribosomal structure.\textsuperscript{4,15}

Ada Yonath and co-workers reported the first 3D crystals of 50S ribosomal subunits in 1980. During the next 15 years, progress had been made only in the process of ribosome crystallization. The diffraction data collection from ribosome crystals and crystallographic computation of the data posed challenges that could not have been met in 1980s. Around 1995, improvements in areas such as detectors, synchrotron light sources, computers and crystallographic software had opened the door for solving structures of ribosomal complexity.\textsuperscript{15,16}

A profoundly challenging problem was the phasing. A decisive break through in ribosomal crystallography was when a 9 Å resolution crystallographic electron density map of the Haloarcula marismortui 50S subunit was published in 1998. A cryo-EM reconstruction of the ribosomal 50S subunit from Joachim Frank’s group\textsuperscript{17}, along with multiple isomorphous replacement, and anomalous scattering techniques was used in phasing\textsuperscript{18}.

Many years of hard work by several X-ray crystallography groups bore fruit in 2000, and X-ray structures of the small and large ribosomal subunits of the eubacterium Thermus thermophilus and the archeon Halobacterium marismortui were published\textsuperscript{1-3}.

**Functional insights from ribosome crystal structures**

The magnificent structures of the two ribosomal subunits at atomic resolution have radically changed the boundary conditions of ribosome research. The wealth of information that subsequently emerged from the X-ray studies of the ribosomal subunits\textsuperscript{1-3,19,20}, complete bacterial ribosomes\textsuperscript{21-26}, as well as numerous complexes with antibiotics\textsuperscript{4,27,28} have altered the direction and pace of research to address its unresolved issues\textsuperscript{28-35}. It is worth mentioning that, in addition to the three Nobel awardees, Harry Noller of the University of California Santa Cruz and Peter Moore at Yale University made enormous contributions to solve the structure of the ribosome.

During the past years, remarkable developments have resulted in a much more detailed picture of ribosome dynamics. Crystallographic studies on the ligand-bound 70S ribosome molecules (see Table 1) shed light on the fundamental questions concerning the accuracy of tRNA selection during protein elongation, the tRNA translocation during elongation, and the release and recycling steps\textsuperscript{34,36-41}. The most recent additions to this growing list are the 70S ribosome complexed with (i) elongation factor-Tu-tRNA-GDP, stabilized by the antibiotics kirromycin and paromomycin\textsuperscript{42}; and (ii) EF-G-GDP and fusidic acid\textsuperscript{43}.

**Cryo-electron microscopy of ribosome**

Cryo-EM is a relatively new method of structural biology research, which – when combined with the single-particle reconstruction approach – is capable of yielding 3D density maps of macromolecules in their native, hydrated state\textsuperscript{44}. Briefly, molecules in a buffer suspension are deposited on an electron microscope grid, and the excess liquid is blotted off so that only a thin-layer remains. The grid is then quickly plunged into liquid ethane that is kept at liquid nitrogen temperature. Under those conditions, the water turns into vitreous (amorphous) ice, without disrupting the structure of the molecule\textsuperscript{45,46}. The use of ‘low-dose imaging’ ensures that the damage to the biological specimen is minimized. In the processing of the images resulting from these experiments, it is assumed that, to a first approximation, all molecules possess identical structure and that they present different orientations, covering angular space fairly uniformly. Mathematical and computational approaches have been designed to determine the orientations of the individual particles and to reconstruct the density distribution of the molecule from the projections recorded.

Application to specimens in which the macromolecule occurs in the form of isolated ‘single particles’ not only extends the range of specimens greatly, but also brings out the full advantage of cryo-EM: visualizing the molecule engaged in interactions with ligands\textsuperscript{47}. Thus, in principle, all naturally occurring states have become amenable to study. In the single-particle reconstruction approach, the task of combining individual copies of a molecule into a common coordinate framework is done by the computer, using an extensive battery of mathematical procedures.

**Structures of functional ribosome complexes revealed by cryo-EM**

The striking similarity in overall structural features between ribosomal complexes visualized by cryo-EM and X-ray crystallography, confirms the validity of cryo-EM as a tool in structural biology (Figure 1). Despite the success in the elucidation of ribosomal structure by X-ray crystallography, the detailed mechanism by which translation of mRNA code into peptide proceeds is still not fully understood. Landmark contributions in understanding the ribosome dynamics during the four steps of translation: initiation, elongation, termination and recycling have been made by cryo-EM\textsuperscript{48-59}. 

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Table 1. Structures of the 70S ribosome and ribosomal subunits in complex with functional ligands solved by X-ray crystallography

<table>
<thead>
<tr>
<th>No.</th>
<th>Factor's bound</th>
<th>Species</th>
<th>Resolution</th>
<th>PDB code</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 (2001)</td>
<td>IF1 and the 30S ribosomal subunit</td>
<td><em>Thermus thermophilus</em></td>
<td>3.2 Å</td>
<td>1HRO</td>
<td>37</td>
</tr>
<tr>
<td>2 (2001)</td>
<td>30S + ASL of cognate tRNA (A-site) + mRNA</td>
<td><em>Thermus thermophilus</em></td>
<td>3.3 Å</td>
<td>1BL1, 1BM</td>
<td>78</td>
</tr>
<tr>
<td>3 (2001)</td>
<td>70S + messenger RNA (mRNA) and transfer RNAs (tRNAs)</td>
<td><em>Thermus thermophilus</em></td>
<td>5.5 Å</td>
<td>1GIX, 1GIY</td>
<td>25</td>
</tr>
<tr>
<td>4 (2001)</td>
<td>70S + mRNA and tRNA</td>
<td><em>Escherichia coli</em></td>
<td>7 Å</td>
<td>1JOO</td>
<td>26</td>
</tr>
<tr>
<td>5 (2003)</td>
<td>70S + mRNA and tRNA</td>
<td><em>Escherichia coli</em></td>
<td>10 and 9 Å</td>
<td>1PN5, 1PNU, 1PNX, 1PNY</td>
<td>79</td>
</tr>
<tr>
<td>6 (2004)</td>
<td>50S + trigger factor</td>
<td><em>Halococcus marismortui</em></td>
<td>2.7 Å</td>
<td>1W2B</td>
<td>41</td>
</tr>
<tr>
<td>7 (2005)</td>
<td>50S + ribosome recycling factor</td>
<td><em>Deinococcus radiodurans</em></td>
<td>3.3 Å</td>
<td>1Y99</td>
<td>80</td>
</tr>
<tr>
<td>8 (2005)</td>
<td>70S + release factors (RF1 and RF2)</td>
<td><em>Thermus thermophilus</em></td>
<td>5.9 Å (RF1); 6.7 Å (RF2 complex)</td>
<td>2B9O, 2B9P, 2B64, 2B66, 2B9M, 2B9N</td>
<td>22</td>
</tr>
<tr>
<td>9 (2006)</td>
<td>70S + a model mRNA and two tRNAs</td>
<td><em>Escherichia coli</em></td>
<td>3.7 Å</td>
<td>21IC, 1VS9</td>
<td>81</td>
</tr>
<tr>
<td>10 (2006)</td>
<td>70S + mRNA and stem loop of P-site tRNA</td>
<td><em>Escherichia coli</em></td>
<td>3.5 Å</td>
<td>212P, 212T, 212U, 212V</td>
<td>84</td>
</tr>
<tr>
<td>11 (2006)</td>
<td>70S + mRNA and tRNA</td>
<td><em>Thermus thermophilus</em></td>
<td>2.8 Å</td>
<td>2I09, 2J01, 2J02, 2J03</td>
<td>43</td>
</tr>
<tr>
<td>12 (2007)</td>
<td>70S + ribosome recycling factor and tRNA in P and E sites</td>
<td><em>Thermus thermophilus</em></td>
<td>3.5 Å</td>
<td>2V46, 2V47, 2V48, 2V49</td>
<td>82</td>
</tr>
<tr>
<td>13 (2008)</td>
<td>70S + release factor RF1, tRNA and mRNA</td>
<td><em>Thermus thermophilus</em></td>
<td>3.2 Å</td>
<td>3D5A, 3D5B, 3D5C, 3D5D</td>
<td>83</td>
</tr>
<tr>
<td>14 (2008)</td>
<td>70S + release factor RF2</td>
<td><em>Thermus thermophilus</em></td>
<td>3 Å</td>
<td>3F1E, 3F1F, 3F1G, 3F1H</td>
<td>38</td>
</tr>
<tr>
<td>15 (2009)</td>
<td>70S + anticodon stem-loop tRNA mimics</td>
<td><em>Escherichia coli</em></td>
<td>3.5 Å (apo); 4.0 Å (anticodon stem-loop bound)</td>
<td>31H, 3I1N, 3I1O, 3I1P, 3I1Q, 3I1R, 3I1S, 3I1T, 3I1Z, 3I20, 3I21, 3I22</td>
<td>84</td>
</tr>
<tr>
<td>16 (2009)</td>
<td>70S + EF-Tu ternary complex (with kirromycin, paromomycin)</td>
<td><em>Thermus thermophilus</em></td>
<td>3.6 Å</td>
<td>2WRN, 2WRO, 2WRQ, 2WR</td>
<td>42</td>
</tr>
<tr>
<td>17 (2009)</td>
<td>70S + EF-G with antibiotic fusidic acid</td>
<td><em>Thermus thermophilus</em></td>
<td>3.6 Å</td>
<td>2wir, 2wjr, 2wrk, 2wrl</td>
<td>43</td>
</tr>
<tr>
<td>18 (2009)</td>
<td>70S + ribosome-dependent endonuclease RelE</td>
<td><em>Thermus thermophilus</em></td>
<td>3.3 Å (before); 3.6 Å (after mRNA cleavage)</td>
<td>3K1Q, 3K1R, 3K1S, 3K1T, 3K1U, 3K1W, 3K1X, 3K1Y</td>
<td>85</td>
</tr>
</tbody>
</table>

Figure 1. Resemblence of density map derived from cryo-EM with coordinates from X-ray crystallography. a, 6.7 Å cryo-EM map of the 70S ribosome (30S subunit: yellow; 50S subunit: blue) in complex with EF–Tu ternary complex (code EMD-5036). Landmarks in the small subunit: h, head; b, body; sh, shoulder; sp, spur; bk, beak; and in the large subunit: CP, central protuberance; sb, stalk (L7/L12 protein) base. b, 70S crystal structure with the EF–Tu ternary complex, 16S rRNA shown in orange yellow, and small ribosomal proteins in cream yellow, 23S and 5S rRNA in dark blue, 50S ribosomal proteins in cyan blue (pdb codes 2WRN, 2WRO). In both the structures EF–Tu (red), A/T tRNA (purple), P-site tRNA (green) are shown in very similar positions.

Moreover, in gauging the role of cryo-EM in ribosome structure research, it must also be borne in mind that, despite many efforts, no atomic structure is available for a eukaryotic ribosome, and increasingly, within the past decade, cryo-EM has filled this gap. In general, progress in structural studies of eukaryotic ribosomes has
Table 2. Cryo-EM maps depicting eukaryotic ribosomes and ribosomal complexes

<table>
<thead>
<tr>
<th>Category</th>
<th>Ribosome</th>
<th>No.</th>
<th>Species</th>
<th>Complex with</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cytoplasmic ribosome</td>
<td>1</td>
<td></td>
<td><em>Saccharomyces cerevisiae</em></td>
<td>p-site rRNA, eEF2</td>
<td>63</td>
</tr>
<tr>
<td></td>
<td>2</td>
<td></td>
<td><em>Thermomyces lamingtons</em></td>
<td>eEF2</td>
<td>87</td>
</tr>
<tr>
<td>Fungal 80S</td>
<td>1</td>
<td></td>
<td><em>Chlamydomonas reinhardtii</em> (green alga)</td>
<td>cell complexes, cricket paralysis virus (CrPV) IRES-bound</td>
<td>60</td>
</tr>
<tr>
<td>Algal 80S</td>
<td>1</td>
<td></td>
<td><em>Trypanosoma cruzi</em></td>
<td>empty</td>
<td>88</td>
</tr>
<tr>
<td>Protozoan 80S</td>
<td>1</td>
<td></td>
<td><em>Wheat germ</em></td>
<td>empty</td>
<td>89</td>
</tr>
<tr>
<td>Plant 80S</td>
<td>1</td>
<td></td>
<td></td>
<td>Signal recognition particle (SRP)-bound</td>
<td>62</td>
</tr>
<tr>
<td>Animal 80S</td>
<td>2</td>
<td></td>
<td><em>Rat (liver)</em></td>
<td>empty</td>
<td>90</td>
</tr>
<tr>
<td></td>
<td>3</td>
<td></td>
<td><em>Rabbit (reticuloocyte)</em></td>
<td>empty</td>
<td>91</td>
</tr>
<tr>
<td></td>
<td>4</td>
<td></td>
<td><em>Canine (microsomal membranes)</em></td>
<td>empty, channel complexes</td>
<td>61, 93</td>
</tr>
<tr>
<td>Organellar ribosome</td>
<td>1</td>
<td></td>
<td><em>Leishmania tarantolae</em></td>
<td>CrPV IRES-bound</td>
<td>94</td>
</tr>
<tr>
<td>Mitochondrial ribosome</td>
<td>2</td>
<td></td>
<td><em>Bos taurus</em></td>
<td></td>
<td>95</td>
</tr>
<tr>
<td>Chloroplast ribosome</td>
<td>1</td>
<td></td>
<td><em>Spinach</em></td>
<td></td>
<td>97</td>
</tr>
</tbody>
</table>

Figure 2. Comparison of the architecture of ribosomes from different species solved by cryo-EM and single particle reconstruction technique. a. 11.5 Å *E. coli* 70S ribosome (ref. 99, code EMD-1003); b. 15.4 Å yeast 80S ribosome (ref. 63, code EMD-1076); c. 18.3 Å human ribosome (ref. 94, code EMD-1093). All three maps are viewed from the intersubunit factor-binding side. Landmarks in panel a are defined as in Figure 1.

lagged behind that of prokaryotes. Nevertheless, significant advances have been made in the past couple of years. The structures of eukaryotic ribosomes and ribosomal functional complexes (see Table 2) from various species have been visualized at medium resolution via cryo-EM in conjunction with single particle reconstruction technique. The architecture of the intersubunit space of ribosomes from prokaryotes and eukaryotes is fundamentally the same and appears to have been highly conserved during the process of evolution. On the outer surface, however, eukaryotic ribosomes show more complex, extended structures, which reflect the larger size of the rRNAs and the greater number of ribosomal proteins present in these ribosomes (Figure 2).

**A hybrid approach**

A cryo-EM reconstruction can be interpreted at a level of detail that is greater than the experimental resolution if high-resolution structures of components are available. This is because an atomic model can be placed into a moderate-resolution cryo-EM reconstruction using constrained fitting, with an improved accuracy of placement over the experimental resolution of the cryo-EM map. The density map generated by the cryo-EM represents the Coulomb potential distribution of the object and can thus be readily and quantitatively compared with the electron density maps obtained by X-ray crystallography, providing the basis for molecular docking. To some extent, the pieces of structural information provided by these two methods complement each other, helping to bridge the resolution gap.

In the past few years, computational methods have been developed to make this initial fitting more objective (automated) and quantitative, and to go beyond the mere rigid fitting of atomic structures, taking into account conformational changes by flexible fitting as well. It is this ‘hybrid’ approach that has resulted in the rapid proliferation of cryo-EM as a technique for investigating...
macromolecular structure and dynamics. In the following, we will discuss some of the methods of fitting and docking.

For fitting atomic models into cryo-EM maps, either one of two routes can be taken: (i) interactive manual fitting or (ii) computerized, automated fitting. Until recently, manual fitting has been the method of choice. Several graphics programs (e.g., O: (http://xray.bmc.uu.se/~alwyn/); Quanta: Accelrys, Inc., San Diego, USA; PyMol (http://pymol.sourceforge.net/)) that contain an interactive user interface are available.

An example is the discovery of twisted tRNA intermediate conformation during codon recognition process. Manual fitting of the tRNA crystal structure, considering each loop as a rigid-body, resulted in a meaningful interpretation of the tRNA mass observed in the cryo-EM map. The overall shape of the fitted molecule shows a bent conformation at the anticodon loop of the tRNA that allows the molecule to reach the decoding centre, and that explains several findings deduced from previous biochemical experiments. The ‘bent’ conformation of the tRNA molecule was supported by a recent crystal structure of EF-Tu ternary complex-bound 70S ribosome depicting the intricate details of the EF-Tu-ribosome interactions (Figure 3).

A variety of rigid-body docking programmes have been developed to facilitate automated fitting of the lower-resolution EM density maps (Autodock (http://autodock.scripps.edu/), EMFIT (http://virusww/Rossmann_home/softwares/emfit.php)). Moreover, flexible fitting approaches to fit multiple, interconnected components are also used in several methods described here.

Flexible fitting approach

To state the flexible fitting approach in a general way, each domain of a multi-domain protein can be treated, in approximation, as a rigid body (unless the crystal structure proves the existence of strong interactions among some domains) that are able to move with respect to one another within certain constraints. This piece-wise flexible fitting approach has obvious potential in the interpretation of cryo-EM maps depicting ribosome in two different functional states.

This approach is implemented in a programme called RsRef (real-space refinement technique) to achieve multiple-domain fitting in a quantitative way where following a least-squares optimization, the positions of the structural elements are refined, and, at the same time, stereo-chemical conflicts are minimized. This method was successfully used to obtain quasi-atomic models for two cryo-EM density maps, separated by large conformational changes, depicting the ribosome in two phases of translocation. The results provided molecular interpretation of the conformational changes of the subunits during ‘ratchet-like rotation’, previously identified by visual analysis, where the small subunit rotates relative to the large subunit.

Flexible fitting based on normal modes and molecular dynamics simulations

Real-space refinement, even though following a quantitative protocol, still cannot do justice to the intricacies of conformational changes, since the ‘rigid body’ approach is an approximation. There are two other approaches to the problem of flexible fitting that both attempt to predict the conformational mobility based on the knowledge of the atomic structure: fitting based on normal modes, and fitting based on molecular dynamics simulations.

Normal mode analysis (NMA), when applied to the X-ray structures of macromolecular assemblies, has been able to predict large interdomain motions deduced from cryo-EM experiments. NMA uses a simplified elastic network representation, where the mechanical system is modelled as a network of mass points connected with springs that represent inter-residue interactions. Normal mode-based flexible fitting (NMFF) has been success-
fully applied to elucidate the structural basis of protein translocation through the protein-conducting channel (PCC) bound to the ribosome.

The time-dependent behaviour of a molecule is more closely and more realistically captured by molecular dynamics (MD) simulations. The molecular dynamics flexible fitting (MDFF) method incorporates the EM data as an external potential added to the molecular dynamics force field, allowing all internal features present in the EM map to be used in the fitting process, while the model remains fully flexible and stereochemically correct. In a recent study, MDFF method was applied to obtain an atomic model of a 6.7 Å cryo-EM map of the 70S ribosome bound to the EF-Tu-tRNA-GDP ternary complex stalled by the antibiotic kirromycin that enabled the interpretation of the cryo-EM data in unprecedented detail.

Conclusion

Although achieving the ultimate goal of atomic resolution using single particle, cryo-EM is still a challenging task (particularly for asymmetric molecules like ribosome), cryo-EM is becoming increasingly mature, with the proliferation of computational resources and methodological advancement. Meanwhile, a hybrid approach, where the medium resolution cryo-EM map is interpreted by fitting the atomic structures of identifiable components, has become a powerful tool. To this end, several computer-assisted or entirely automated flexible fitting techniques have been developed within the past decade. X-ray structures for the ribosomal subunits and the 70S ribosomes have profoundly changed our knowledge base, and given cause for a reflection on the future role cryo-EM can play in the study of structure and function of the ribosome.

In contrast to NMR and X-ray techniques, cryo-EM is yet to be developed in India. On the other hand, several groups in India study macromolecules ranging from 500 kDa to few MDa which are ideally suited for structural studies using cryo-EM and 3D reconstruction techniques. Encouraging fact is that a low resolution cryo-EM structure (~20–22 Å) of Vibrio cholerae haemolysin oligoromer, the first cryo-EM study from India, has been reported this year.


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