CORRESPONDENCE

(> 85% drug intake coverage), to eligible population consistently for a period of 4–6 years (fecund period of filaria worm) is sufficient to control/block the transmission cycle of LF. These findings prompted the World Health Organization to identify LF as one of the six major tropical diseases potentially eradicable and planned to eliminate LF globally by 2020. Till date more than 32 out of 83 endemic countries are in the eradication programme globally. India has also joined hands with WHO and accordingly LF eradication programme in India was started in Andhra Pradesh, Tamil Nadu, Bihar, Uttar Pradesh, West Bengal, Kerala and Orissa.

However, the picture from the NE region is different. Though studies on filariasis in Assam have indicated specific vulnerability of tea-garden workers who have ancestral link with filaria endemic states, except some scanty report from Assam there is no documented report on prevalence of LF from any other state in the NE region. Even Tripura which is the second largest tea-growing state in the NE region that employs significant proportion of the worker population in the tea industry, lacks documentation. Currently, the only Filaria Survey Unit (established in 1965) is operating from Directorate of Health Services, Guwahati. Further, there is no filaria clinic in the whole NE region. The existing survey unit has limitations and constraints in conducting thorough night-blood surveys.

High compliance in the intake of drug by eligible population and consistency of mass drug administration programme are the key factors behind the success of the LF control/elimination. Recently, the government of Assam for the first time launched mass DEC administration on 5 June 2004 in four of the 23 districts, namely Dibrugarh, Sibsagar, Nalbari and Kamrup. Though filaria eradication programme has begun in Assam, to make it a success in the NE region, strategic and meticulous planning is a must. Information about prevalence of LF is significantly lacking in this region. Also, the old method of night-blood survey for filariasis is cumbersome, painstaking and inconvenient to both the surveyor and subject and is difficult to perform due to obvious operational limitations. Rapid screening of children 2–14 years of age in the population for presence of filarial antigen by ICT (immuno-chromatographic test) which can be done at any time (during day or night), though uneconomical, may be practically feasible and a suitable substitute to the night-blood survey for this region. Secondly, issues like earmarking of population, coverage level of mass therapy, consistency and monitoring of programmes for stipulated periods are some of the real challenges ahead for programmers and planners. LF eradication programme needs active help and support from all tea growers and big and small planters (ultimate beneficiaries), who can play a major role through their existing health care system. This will go a long way in the success of national LF eradication programme in this part of the country.

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Fish death in lakes

An incidence of mass-scale fish mortality in Bangalore was reported recently in the local newspaper as front-page headline1: ‘Five tonnes of fish die in Ulsoor Lake. From being a clear, tranquil water body, the recently restored Ulsoor Lake has become a sea of dead fish’. Among the views expressed as the cause of this tragedy were1-2: (i) Chemicals flushed into the lake, following a cleaning of the BCC-owned Ulsoor swimming pool; (ii) lowered Biological Oxygen Demand; (BOD) level due to the approaching summer [BOD, expressed as mg O₂ per l, is the amount of dissolved oxygen needed to oxidize organic materials to carbon dioxide and water at a particular temperature and pressure. If there is a large quantity of organic waste, there will be a lot of bacteria working to decompose this waste. The greater the polluted organic waste, higher the BOD; (iii) introduction into the lake, of a variety of fish known to be a prolific breeder to contain mosquitoes and (iv) death due to phosphorus load. A similar incidence of fish mortality in Bangalore had occurred in June–July 1995 in the Sankey Tank and Lalbagh Lake. These episodes have been reconciled with organic pollutants discharged into the lake. The purpose of this correspondence is to (i) inform that incidences of fish death are not unique to water bodies in Bangalore; (ii) review the available microbiological and biochemical explanations of fish death observed elsewhere, and (iii) apprise of a biological control of fish death proposed in the literature3. It is common knowledge that fishes in an aquarium live long if kept with photo-synthetic aquatic plants such as Hydrilla or Vallisneria, or other plants under illumination and with air constantly bubbled into the water. The basis for this is a classic experiment by Joseph Priestley, who showed that a lone plant in a closed jar dies and a lone mouse in another closed jar dies, but when the plant and the mouse are together in the same jar, both live—experiments that led to the discovery of oxygen and photosynthesis. Animal life is dependent on photosynthesis. If the ‘chemicals’ discharged into the lake killed the suspended microscopic animals that are primary source of food of the fishes (zooplanktons), or if the lake was cleared of plants, it would have upset the ‘ecosystem’ and the fishes, like the mouse in Priestley’s experiment, would die. Plants not only synthesized carbohydrate, but also do an

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additional biochemistry which animals are incapable of, that of purifying the environment by producing oxygen (Scheme 1).

Though fishes live in water, they are strict aerobes. Obtaining sufficient oxygen is a greater problem for fishes than for air-breathers for two reasons: First, oxygen has a low solubility in water, constituting only about 0.5% compared with approximately 21% in air. Second, the diffusion of oxygen is many thousands of times slower in water than in air. If the fishes or the water remained still, oxygen in the vicinity of the exchange surfaces would not be renewed by diffusion fast enough to sustain the animal. Fish moves water into the mouth, across the gill filaments, and out behind the operculum. This requires energy which is produced by constant burning of their intracellular fuel, be it a carbohydrate, lipid or protein, by the process of respiration. Fishes, unlike yeasts, do not have the option of deriving energy by anaerobic respiration.

The aquatic ecosystem comprises of two kinds of bacteria: aerobic bacteria which require oxygen and anaerobic bacteria which do not need oxygen to exist; indeed many are obligate anaerobes that cannot tolerate oxygen. Given that air contains 20% oxygen, one might expect the anaerobes to be rare. But this is not so; anaerobic bacteria are common in water bodies and in sediments, as they are in the piles of garbage and manure.

Often fish death is correlated with a stinking odour resembling rotten eggs, characteristic of hydrogen sulphide (H₂S)⁵. Its odour is perceptible in a dilution of 0.002 mg/L. H₂S, a colourless gas produced by respiration of certain bacteria in waters, is highly toxic to most respiratory organisms: it can kill animals, plants and microorganisms in micromolar range by coming into contact with the respiratory enzyme cytochrome c oxidase⁶. Certain animals, for example, tube worms, mussels and clams in the deep oceans around the hydrothermal vents from which an emission of hydrogen sulphide occurs, avoid poisoning by H₂S only because they have sulphur bacteria, in their guts which oxidize H₂S to less toxic or nontoxic forms⁷. The energy derived from oxidation is used for synthesis of ATP, and reducing power and fixation of carbon dioxide into organic material.

The mud at the bottom in ponds and lakes where some organic matter is present is a habitat of a variety of anaerobic bacteria, including the sulphate-reducing heterotrophic bacteria (Desulfovibrio and Desulfuromonas). These bacteria oxidize the end-products (lactate, propionate, butyrate, formate, etc.) produced by other anaerobes as electron donor to reduce sulphate (a common anion in mud and water) and obtain energy, for example:

\[
\begin{align*}
2\text{CH}_3\text{COOH} + \text{Na}_2\text{SO}_4 & \rightarrow 2\text{CH}_3\text{COONa} + \text{H}_2\text{O} + \text{SO}_4^{2-} \\
2\text{CH}_3\text{COOH} + \text{Na}_2\text{S} + \text{CO}_2 + \text{H}_2\text{O} & \rightarrow 2\text{CH}_3\text{COONa} + \text{CO}_3^{2-} + \text{H}_2\text{O} \\
\text{Acetic acid} & \rightarrow \text{Sodium Carbon Water sulphide dioxide}
\end{align*}
\]

Often sulphate reduction in water bodies is apparent from the blackened sand and soil. Sulphate is the normal oxidizing agent, but thiosulphate (S₂O₃²⁻) and sulphite (SO₃²⁻) can also be used. The probable pathway of sulphate reduction is given below⁸.

\[
\begin{align*}
\text{Sulphate} & \rightarrow \text{ATP} \\
\text{Adenosylphosphosulphate} & \rightarrow \\
\text{Bisulphite} & \rightarrow \text{Trithionate} \\
\text{Thiosulphate} & \rightarrow \text{Hydrogen sulphide}
\end{align*}
\]

Strains of Desulfovibrio can be cultivated in completely inorganic media in an atmosphere of hydrogen gas and CO₂. According to Postgate⁹, sulphate respiration is one of the commonest biological processes on earth, though it is rarely aware of it¹⁰. Drastic natural manifestations of their activities may occur; there are periodic eruptions of hydrogen sulphide, arising from sulphate reduction in decaying seaweed on the sea bed, off the coast in Walvis Bay, Southwest Africa. On one occasion the town of Swakopmund was invaded, according to press reports, by 'clouds of sulphurous gas' which 'blackened silverware and the clock face'; dead fish were washed up on the beach in heaps, and 'sharks came to surface gasping on the evening tide'! Venice, one of the most beautiful places, is blemished by the foul smell of hydrogen sulphide in its canals.

A group of bacteria known as sulphur bacteria can oxidize H₂S. Indeed, the concept of chemosynthesis (a process by which energy derived from the oxidation of inorganic compounds is used to fix carbon dioxide for biosynthesis) postulated by the Russian microbiologist Winogradsky⁵, was based on sulphur bacteria found in sulphur springs and other natural habitats where H₂S occurs. Winogradsky demonstrated that in the presence of H₂S, the filamentous bacterium Beggiatoa accumulates granules of sulphur which disappear when the gas is depleted. The oxidation of H₂S and sulphur by bacteria serves as source of energy, for reduction of CO₂ to microbial cell material, with a concomitant excretion of sulphuric acid into the medium, according to the reaction scheme:

\[
\begin{align*}
2\text{H}_2\text{S} + \text{CO}_2 & \rightarrow 2\text{S} + (\text{CH}_3\text{O}) + \text{H}_2\text{O}, \\
2\text{S} + 5\text{H}_2\text{O} + 3\text{CO}_2 & \rightarrow 2\text{SO}_4^{2-} + 3(\text{CH}_3\text{O}) + 4\text{H}^+,
\end{align*}
\]

where (CH₃O) is cell material.

Postgate describes how a polluted, flooded claypit led to a possible remedy for such pollution: 'The water in this pit was black and stinking, local residents were threatening the council with legal action, and the treatments we could suggest – filling or pumping out the pit, pouring in masses of acid – promised to be slow and expensive. Then, one day, the council's medical officer phoned us: overnight the water had turned yellowish and stopped stinking - would we come and look? We came as quickly as we could and were amazed: it was quite true. What had happened was that someone had, stealthily, at night and quite illegally, dumped a lorry-load of soil contaminated with waste from a chromium-plating works, half in, half out of the water. Back at the laboratory we did some tests and found that chemotherms were powerful specific inhibitors of the reduction process, effective in concentrations of a few parts per million.'

However, chemical control of pollution, such as this, can be hazardous over a period
of time. For example, in 1990, skin lesions identified in a population in Bangladesh were traced to arsenic present in water used for domestic purposes and irrigation.

Several causes of fish death are possible; identification of the ultimate cause is a challenge. Experiments are desirable to study mixed cultures of sulphide and sulphur oxidizing bacteria that are able to multiply in conditions of a particular lake for evolving practical methods involving the release of hardy strains as a microbiological method of converting sulphide to elemental sulphur with oxygen (2H₂S⁻ + O₂ → 2S⁰ + 2OH⁻; 2S⁰ + 3O₂ → 2SO₄²⁻ + 2H²⁺). Regular monitoring of lakes for zooplankton, anaerobic bacteria, particularly of sulphate reducing bacteria, hydrogen sulphide concentration as indicators of pollution may uncover factors regulating fish population in lakes, despite the presence of both sulphate reducing bacteria and sulphide oxidizing bacteria. This episode of fish mortality reminds us that the basic questions in ecology remain not understood: Why do some species suddenly increase in numbers while others decline? Are these natural cycles, such as those of some insects (e.g. the gypsy moth in the UK) and some plants (e.g. Parthenium hysterophorus in many places in India), also applicable to aquatic ecosystems?

2. The Times of India, Bangalore, 28 January 2005.
3. The Times of India, Bangalore, 30 January 2005.

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NEWS

Year of soil resource awareness

Soil is the most precious and vital natural resource, the proper use of which is important for our supporting systems and for the socio-economic development of any region. India, like many other developing countries, has made rapid strides in the production and productivity of major crops. Harnessing of soil and water resources, genetic potential of plants and other inputs in large measure, has undoubtedly succeeded in getting the country out of the ‘food trap’. However, in the urgency for higher production, no serious attention has been given to long-term soil health and sustained high productivity. Some environmental problems have also cropped up. Since soil resource as base influences every aspect of our lives, it is essential to inculcate in the people the habit of studying and understanding the scientific basis of soil resource in their approach and attitude in decision-making processes. 2005 is going to be observed as the Year of Soil Resource Awareness (YSRA) in view of celebrating 50 years of soil resource study initiated by the Government of India under Technical Cooperation Mission Project headed by (late) S. P. Roychoudhuri, a well-known soil scientist and the then pioneer of soil survey work in the country. During the year, a campaign with multiple-level activities is to be conducted across the country, reaching people at all levels. The insights and the experiences gained during the past three to four decades indicate that about 50% of the area of our country is recognized as degraded land. Crop productivity during the last 5 years is reported to be declining. The main objectives of this mission are to make people scientifically conscious about the status and availability of soil resource in timescale, and to utilize this information in day-to-day life, particularly in using soil resources on sustainable basis.

A variety of activities and programmes, including discussions and lectures, theme-based exhibitions, short-term refresher courses and training, etc. will be carried out throughout the year. Country-wide coverage will be done by the National Bureau of Soil Survey and Land Use Planning (ICAR) in its five regional centres, along with its Head Office at Nagpur. It is expected that an awareness of this kind will help in overcoming superstitions, beliefs, age-old practices and traditions in influencing decisions concerning appropriate land use.

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