

is the Aschoff's rule in his own words. Aschoff also experimentally demonstrated 'internal desynchronization' of circadian rhythms in sleep-wake rhythms on the one hand, and rectal temperature rhythms, on the other, in humans held in prolonged social isolation.

Aschoff was Fellow of the Deutsche Akademie der Naturforscher Leopoldina, and the Bavarian Academy of Sciences. The Universities of Umea (Sweden), Giessen and Hokkaido University (Sapporo, Japan) had awarded

him DSc *honoris causa*. Aschoff genuinely liked to interact with other scientists and seemed to have a soft corner for young scientists. He was gregarious and drew out the bashful into conversation.

Aschoff spotted me with a few other Indian scientists in Germany, during the IX Meeting of the International Society for Chronobiology and asked aloud 'Does this mean that the future of chronobiology will be in India?'. I would like to call this as *Aschoff's prophecy* and hope that like many of his

postulates this one also comes true. Jürgen Aschoff will be sorely missed by all of us chronobiologists who had come to admire the man and his science.

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