

Tyr(Me)AVP disrupts the circadian rhythm of food intake when injected into SCN. The disruption seen in this study was transient and was neither photoperiodic nor dose-dependent.

VP has been implicated in many of the central integrative processes²¹ in addition to its classical role in water and electrolyte metabolism. Recently it has been suggested that VP may have a role in stress-induced feeding as well²². The understanding of its role in the control of circadian rhythms has come far from studies^{20,23,24} in brattlebore rats only, which are deficient in VP synthesis. However, the presence of a separate neuroanatomical system responsible for the circadian cerebrospinal fluid VP rhythm, as suggested by Schwartz and Reppert²⁵, and its effective insulation from osmotic regulation of blood VP²⁶ makes this peptide important in circadian time-keeping.

In view of the report that ethanol can alter the electrical activity of some brain areas^{27,28} it is likely that ethanol injection may also alter the activity of SCN neurons and thereby disrupt the circadian rhythm.

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Embryotoxicity of RU 486 in English albino rabbit, *Oryctolagus cuniculus*

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The synthetic steroid RU 486, when administered orally at daily doses of 6.4 mg, 32.0 mg, and 160.0 mg to albino rabbit (low, high and toxic dose respectively) during the period of organogenesis to CDRI colony-bred adult female rabbits, caused 100% resorptions in all treatment groups. Control animals had no resorptions.

RU 486, a synthetic progesterone-receptor blocker, can be effectively used for termination of pregnancy¹. It is advisable that a distinction be made between its extended pharmacological effect and its teratogenic effect on the embryo²⁻⁷. This communication reports the results of an embryotoxic evaluation of RU 486.

Colony-bred adult nulliparous female rabbits were mated to bucks of proven fertility. Copulation was observed, confirmed by the presence of sperm in vaginal smears and the day when presence of sperm was noticed first was designated day zero of pregnancy. Timated rabbits were divided into 4 groups of 5 animals each and the compound was administered orally from day 6 to day 15 post-coitus as follows: group I, control 1% gum acacia; group II, low-dose group, contraceptive dose (CD), 6.4 mg/rabbit/day; group III, high dose group, CD × 5, 32.0 mg/rabbit/day; group IV, toxic dose group, CD × 25, 160.0 mg/rabbit/day.

Body weight of all animals was recorded on days 1, 14, 21, 28 and 30 post-mating. On day 30 post-coitus caesarian sections were performed on all animals and the number of corpora lutea; number of implantation sites; number of resorptions; number of live/dead foetuses; size, weight and gross abnormality of each foetus; and viability, growth and deformities of newborns were recorded.

Half of the foetuses were fixed in Bouin's solution and were examined for visible abnormalities by the sectioning method³. The remaining foetuses were cleared in 1% KOH solution and stained by Dawson Alizarin Red technique for visualization of osseous defects³.

None of the mothers showed any noticeable deviation in food intake throughout the experimental period. There was no mortality in any of the groups. There was steady gain in body weight of all animals of all groups.

Table 1. Effect of RU 486 on pregnancy in rabbits.

	Group I	Group II	Group III	Group IV
Dose	None (1% gum acacia)	6.4 mg/rabbit/day	32.0 mg/rabbit/day	160.0 mg/rabbit/day
Animals (n)	5	5	5	5
Total no. of implantations/implantation sites	26	25	24	19
Average no. of implantations/implantation sites per rabbit	5	5	5	5
Total no. of live births	23	Nil	Nil	Nil
Average no. of live births	5	Nil	Nil	Nil
Total no. of still births	Nil	Nil	Nil	Nil
Average no. of still births	Nil	Nil	Nil	Nil
Total no. of resorptions	3	25	24	19
Average no. of resorptions	1	5	5	4
Average foetal weight (g)	36.83	Nil	Nil	Nil
Average crown-rump length (cm)	5.05	Nil	Nil	Nil

though treated animals gained less weight compared to control animals. Maternal gain in weight in treated animals was dose-related. Whole foetus examination, Alizarin Red preparation for skeletal defect examination, and slicing method of Wilson for visceral defect examination revealed that (i) foetuses were not formed in any of the drug-treated groups, and only implantation sites were seen; and (ii) none of the foetuses of control group showed any gross or visceral defects. The results are summarized in Table 1.

RU 486 is a recently synthesized steroid with potent antiprogesterone properties, and presumably acts as a progesterone antagonist by blocking progesterone receptors. It is a proven effective medication for non-surgical termination of pregnancy. Local action of the compound on the endometrium quickly induces menstruation, though the exact dose regimen has not yet been established. In a clinical trial with women, the dose regimen employed (ranging from 100 mg/day \times 7 days to 200 mg/day \times 4 days or 400 mg/day \times 4 days) terminated early pregnancy. It was found that lower dose for longer duration has a higher success rate than higher dose for shorter period¹.

The reason for lower effectiveness of a high-dose regimen is not known. If there is undue toxicity in early pregnancy, the embryo dies, is resorbed, and only the presence of the site of implantation is indicated⁸. For obvious reasons, this is termed resorption. In our study we observed implantation sites in the uteri of drug-treated rabbits. However, administration of RU 486 in low, high and toxic doses (6.4 mg, 32.0 mg and 160.0 mg/rabbit respectively) during the period of organogenesis produced 100% resorptions in all the animals. We therefore conclude that RU 486 is an effective embryotoxic agent at all the doses used in the present study.

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Effect of 2-deoxy-D-glucose on HeLa cells

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The effect of 2-deoxy-D-glucose (2-DG), an inhibitor of glycolysis and glucose transport, on growth and survival of unirradiated and UV-irradiated HeLa cells was investigated. Addition of 5 mM 2-DG to cultures resulted in reduction of the number of viable cells to 18.5% of that of control. 2-DG (2.5 mM) also increased cell mortality in UV-irradiated cultures.

2-DEOXY-D-GLUCOSE (2-DG) is a known glucose anti-metabolite and an inhibitor of glycolysis^{1,2}. 2-DG can act in a number of ways, the chief route of action being in its capacity to inhibit competitively both phosphorylation (hexokinase) and transport of glucose³⁻⁶. Catabolism of cellular nucleotides (chiefly adenosine) to nucleosides and bases⁷ is another route of action of destabilizing the cellular energy system⁸⁻¹⁰.

Further, 2-DG has been shown to inhibit repair of