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NEWS

HEPARIN STOPS THE CLOTS

When blood comes into contact with an alien surface, it rapidly forms a clot. This is why so much effort has been devoted to finding inert or bio-compatible plastics for 'spare-part' surgery, and it is a major problem with dialysis and heart-lung machines where the patient's blood contacts metal surfaces. To prevent potentially fatal thromboses while on one of these machines, the patient must be given anticoagulants — but these can lead to equally dangerous haemorrhages.

Now a Scandinavian team has made a breakthrough that could get round the problem by making the machine's surface blood-compatible. The normal aim is to make the surfaces as inert as possible, but Professor Per Olsson of the Karolinska Hospital in Stockholm looked at it another way — what keeps blood flowing in normal arteries and veins? The answer is heparin, a polysaccharide found in the walls of blood vessels, which acts as an immobilised anticoagulant. It is a well-known compound and it has long been used as an anti-

coagulant drug for post-operative patients.

Olle Larm, the carbohydrate chemist in Professor Olsson's team, found a way to bind heparin to surfaces without altering its effectiveness. The result is a biocompatible metal or plastic. Carmeda, part of the Norwegian Norsk Hydro group, holds the patent on the process.

Heparin-coated materials could be used in a wide range of blood-contacting medical devices such as sensors, catheters, pumps, oxygenators and artificial organs. The Karolinska Hospital already has a heparin-coated heart-lung machine that has saved the lives of two lung-damaged patients, and the St. Goran Hospital is developing a smaller machine specifically to help new-born babies with under-developed lungs. Olsson believes that heparin-coated equipment will be common place in major surgery in the 1990s. (*Chemistry in Britain*, March 1988, p. 203, Published by the Royal Society of Chemistry, Burlington House, London WC1B 0BW).
