

INTERNATIONAL SYMPOSIUM ON PROTEINS IN FOOD, HEALTH AND INDUSTRY

International Symposium on Proteins in Food, Health and Industry will be held on 7-11 January 1986 at Loyola College (Autonomous) University of Madras. The symposium will be a followup programme of the two National Symposia conducted earlier at Loyola College on Food Proteins in March 1979 and on Protein Foods and Feeds in April 1982.

The symposium will focus its attention on the recent advances in the fundamental and applied aspects of proteins in the fields of food and nutrition, health and diseases and increasing role of proteins in biotechnology, industry and in society.

Intending participants are requested to send two

copies of the abstracts of their original work with definite results in 250 words, on one side of the bond paper leaving a margin of one inch on all sides. The matter may be neatly typed in single spacing with the title in capital letters. The last date for receiving the abstract is **31 August 1985**. Full papers for the accepted abstract will be received on or before **31st November 1985**.

All communication regarding the symposium, exhibition and advertisement may be addressed to Prof. Dr. A. Srinivasan, Convenor, ISPROFHI-1985-86, Department of Chemistry, Loyola College, Madras 600034.

NEWS

STOP TALKING AND LIVE LONGER

... Researchers at U. Maryland believe there is a link between talking and high blood pressure: "To test the theory, we asked 30 volunteers with normal pressure to read out loud—first at their usual speed and then much more rapidly. At normal pace their average pressure rose from 118/65 to 125/70. 'Speed reading' drove it up to 130/75. This experiment suggested that by learning to speak more slowly and breathing more regularly, hypertensives might be able to control their pressure surges. But though breathlessness can drive up blood pressure, that's only part of the story. It's the emotional implications of communicating, rather than the physical act of talking,

that deeply influence blood pressure and may determine how high it goes We have found that learning to listen to other people can help hypertensives lower their blood pressure. In conversations with patients, I found that when I succeeded in getting their attention, their blood pressure often fell dramatically, sometimes to lower levels than they had seen in years!"

[(James J. Lynch [U. Maryland Medical Sch.] in *American Health* 4(3): 39-43, Apr 85). Reproduced with permission from Press Digest, *Current Contents*®, No. 18, May 6, 1985, p. 14, (Published by the Institute for Scientific Information®, Philadelphia, PA, USA.)]

WILL INFORMATION SCIENCE ABOLISH LIBRARY SCIENCE?

... "Library educators face both obsolescence and competition. That shiny new information technology is already an integral part of America. An expansive 'information industry,' with an assist from the current federal administration, is hell-bent on forcing most access to and dissemination of information into the competitive marketplace. Add the great interest in computer-related careers among those entering college, and all of academe is excited. The library schools face the burgeoning development of computer and information programs in other academic departments

and schools, from business to engineering. The movement came so fast that the library schools rushed to paste on a new face, and by now 'information science' has been added to the names of their association and most of their schools."

[(John Berry in *Library Journal* 110(5):23-6, 15 Mar 85) (Reproduced with permission from Press Digest, *Current Contents*®, No. 22, June 3, 1985, p. 13. Published by the Institute for Scientific Information®, Philadelphia, PA, USA.)]